

# Cruise TRAVEL CHECKLIST

## Essentials

- **Passport/Visa:** Ensure it's valid for the duration of your trip and for any countries you'll be visiting.
- **Cruise Documents:** Boarding passes, cruise tickets, and any reservation confirmations.
- **Travel Insurance Information:** Keep a copy of your policy and emergency contact numbers.
- **Payment Methods:** Credit/debit cards, cash in the destinations' local currencies, and a small amount of US dollars for emergencies.
- **Health Documents:** Vaccination certificates, COVID-19 documents if required, and medical prescriptions.

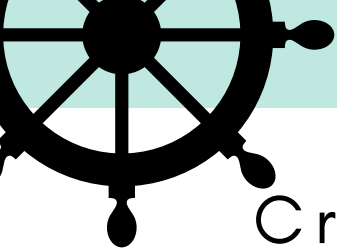
## Clothing and Footwear

- **Daytime Attire:** Casual clothing like shorts, T-shirts, and comfortable dresses.
- **Evening Wear:** Wear formal or smart-casual outfits for dinners or special events on the cruise. Typically, cruises have one to two formal nights.
- **Swimwear:** Multiple swimsuits or swim trunks and cover-ups.
- **Footwear:** Comfortable walking shoes for excursions, flip-flops for the pool area, and dress shoes for formal nights.
- **Accessories:** Hats, sunglasses, and a light jacket or sweater for cooler evenings.
- **Workout Clothes:** If you plan to use the fitness center.

## Toiletries

- **Personal Hygiene:** Toothbrush, toothpaste, deodorant, shampoo, conditioner, and body wash (though these may be provided, some prefer their own).
- **Sun Protection:** High SPF sunscreen, lip balm with SPF, and after-sun lotion.
- **Health Items:** Personal medications, motion sickness remedies, first-aid kit (including band-aids, antiseptic wipes, and pain relievers).





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### Technology

- **Mobile Devices:** Phone, tablet, and/or e-reader.
- **Chargers and Adapters:** Ensure you have the correct type for the ship's outlets and any ports you'll visit.
- **Camera:** Along with any necessary accessories like batteries, memory cards, and chargers.
- **Waterproof Phone Case:** Protect against water damage during shore excursions or poolside relaxing.

### Travel Insurance

- **Comprehensive Travel Insurance:** This should cover trip cancellations, medical emergencies, evacuation, and lost luggage. Double-check that it's valid for the entire cruise and covers all destinations you'll visit.

### Other

- **Daypack:** For shore excursions and carrying essentials while off the ship.
- **Water Bottle:** Preferably reusable to stay hydrated and reduce plastic use.
- **Entertainment:** Books, magazines, or downloaded content on your devices.
- **Binoculars:** Especially if your cruise includes scenic destinations like Alaska or the Norwegian fjords.
- **Travel Laundry Soap:** This is for hand-washing small items in your cabin.
- **Sea Bands or Motion Sickness Patches:** If you're prone to seasickness.

